

Sarah Capobres Cowan

Production and Stage Manager

About

I am a Stage Manager, Production Manager, and Theatre Technician from Los Angeles, California currently studying my MA in Stage and Production Management at Guildford School of Acting. Besides my training in a variety of production skills such as lighting, sound, and scenic design I have 17 years of musical theatre and acting training, I have worked as a Stage Manager and Technician both in Los Angeles and the United Kingdom and hope to work in Production or Stage Management on large-scale musicals or plays.

I am a researcher and practitioner of the portrayal and representation of marginalised groups, most notably BAME and LGBTQ+, within theatre and strive to use this research as well as my personal experience to help shape theatre into a more inclusive and accessible place.

Experience

Stage Manager / Global Origins Theatre / London

Are We There Yet? / Mar 2020 (cancelled due to closures)

Assistant Production Manager/Stage Manager / GSA / Guildford

MFA MT Cabaret Season / Jan-Mar 2020

MFA Acting New Writing / Jan 2020

Assistant Production Manager / GSA / Guildford

Oedipus/Antigone / Jan-Mar 2020

The Duchess of Malfi / Jan-Feb 2020

The Diary of Anne Frank / Nov-Dec 2020

Venue Technician (Swing) / Edinburgh Fringe

TheSpaceUK / Aug 2019

Stage Manager / XnTHONY Ltd / Edinburgh Fringe

Confirmation / Aug 2019

Tech & Event Staff Supervisor / Royal Holloway SU / Egham

Jan 2018-Aug 2019

Tech & Event Staff / Royal Holloway SU / Egham

Oct 2015-Jan 2018

Production Liaison & Orchestration Officer / RHSU Drama Society / Egham

The Brave Anthology / Apr-Jun 2019

Rosencrantz and Guildenstern are Dead / Jan-Mar 2019

Caught Red Handed: An Improvised Heist / Jan-Mar 2019

The Picture of Dorian Grey / Sep-Dec 2018

Deputy Stage Manager / RHSU Musical Theatre Society / Egham

Cabaret / Sep-Nov 2017

Deputy Stage Manager / Ethereal Theatre Co. / Edinburgh Fringe

Sleeping Dogs Lie / May-Aug 2016

Deputy Stage Manager / RHSU Drama Society / Egham

The Wonderful Wizard of Oz / April-June 2016

Stage Manager/DSM / Children's Civic Light Opera / Los Angeles

Peter Pan / Jun-Aug 2013

Into The Woods / Jun-Aug 2012

Assistant Stage Manager / Children's Civic Light Opera / Los Angeles

Annie Get Your Gun / Jun-Aug 2011

Contact

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sarahcapobrescowan.com

Education

Stage & Production Management MA

Guildford School of Acting

Sep 2019-Present

Drama & Theatre Studies BA (Hons)

Royal Holloway, University of London

Sep 2015-Jun 2019

Other Relevant Experience

Musical theatre training

Acting training

Dance training

- Jazz, hip hop, ballet, tap, contemporary

Guitar

Ukulele

Score reading

LX programming/operation

- ETC, Avolites, Jands, Jester

Sound programming/operation

- Allen & Heath, Soundcraft

QLab

Logic Pro X

Final Cut Pro

Photoshop

Basic carpentry

Emergency First Aid in the Workplace

Fire Marshal Training

Working at Heights

Equity Student Member

US Driving Licence

References

Jo Franklin, Head of Technical Theatre GSA-
joanne.Franklin@gsa.surrey.ac.uk

Diane Feldman, Founder/Director CCLo-
dianefeldmantheatre@gmail.com

